

## AGENDA

### Suicide Prevention: New Interventions That Work Susan Marie, PMHNP, Ph.D.

- 9:00-9:10 Welcome and Introduction
- 9:10- 9:25 Understanding suicidality and suicidal behaviors  
9:25-9:45 Dispelling myths and attitudes about suicide  
9:45-10:15 Understanding crisis, brain changes with crisis & suicidality
- 10:15- 10:20 Break
- Screening and assessment, using measurement tools**
- 10:20- 10:50 Interviewing techniques  
10:50- 11:05 Effective screening tools to uncover the plan  
11:05- 11:20 Using PHQ-9, Columbia Suicide Severity Rating Scale  
11:20-11:30 Warning signs vs. risk factors  
11:30-11:45 Protective factors and risk formulation  
11:45- 12:10 Skill practice using the Columbia Suicide Rating Scale
- 12:10-1:00 Lunch
- Vulnerable populations: Special considerations**
- 1:00- 1:30 Substance use disorders, teens, elderly, LGBTQ  
1:30- 2:00 Military and veterans  
2:00-2:15 Adapting assessment and intervention to vulnerable populations
- 2:15-2:20 Break
- Suicide intervention**
- 2:20-2:35 Crisis intervention strategies for suicide prevention  
2:35-2:50 Demonstration integrating risk assessment, crisis intervention, reassessment of suicidal risk  
2:50- 3:00 Safety planning  
3:00-3:20 Skill practice using Suicide Safety Planning  
3:20-3:35 Self-injurious behavior  
3:35-3:45 Means reduction  
3:45-3:50 Documentation  
3:50-4:00 Continuity of care post intervention, resources